



Next weekend British prodigy Jack Carthy from Haworth (UK) is going to kick off his UCI World Cup season in Krakow (Pol). Time to have a chat with Jack and see what he's been up to all winter...

**- Jack, how was your winter and what do you think are your biggest improvements?**

It was really good, I pushed the limits all winter and my biggest improvements are my technical skills, I really worked hard on my precision but also on all power moves, I wanted to be quicker on the bike and I think the result is better than last year. Some days I had 4 workouts, so I definitely trained enough.

**- What did you think of the Enter-Bike.com trainingcamp?**

The training camp was really good, it's a good way to get ready for the season in sunny Spain, also great to hang out with friends and make fun.

**- How do you like your Crewkerz?**

The bike is perfect, the frame is incredibly stiff but still light, I have also changed from a front freewheel setup to a Hope Pro Trials III hub in the rear and I like it a lot.

**- Will you ride all World Cups this year and which one are you really looking forward to?**

Yes I will be at every World Cup and I always look forward to Belgium because I won there last time but also Pra Loup is a round that suits my riding style a lot.

**- We heard the rumour you'll ride on 20, is that true?**

I was thinking about riding at the 20" category at the Worlds but we will see how everything goes, I have no plans yet but I must say I like training with it.

**- Who do you think will be your toughest opponents this year?**

I think as usual, it will be Gilles, Vincent and Kenny, but you never know who progressed a lot over winter so we'll see.

**- We saw you cleaning some big lines in videos, what are your new hook and sidehop records?**

Well thank you, I'm happy because I worked hard on my power. My best hook? I think it's around 1.86, I don't really check no more but my side hop is 1.55 good side and 1.44cm bad side.

**- Last but not least, what are you expecting from your first World Cup next weekend?**

I believe the sections will be all build in the city center so that's good for me, I like that kind of riding and UCI will also take care of a live stream on TV, I really like the way our sport is progressing and of course I hope I will win.